

What is **SARCOIDOSIS?**



Sarcoidosis is an inflammatory disease that can affect any organ in your body. It causes heightened immunity, which means that a person's immune system, which normally protects the body from infection and disease, overreacts, resulting in damage to the body's own tissues. The classic feature of sarcoidosis is the formation of granulomas, microscopic clumps of inflammatory cells that group together. When too many of these clumps form in an organ they can interfere with how that organ function.

There should to be more awareness about Sarcoidosis symptoms, diagnosis and treatment.

You can help by telling others, donating and sponsoring fundraisers.

For more information on how to get involved, contact:

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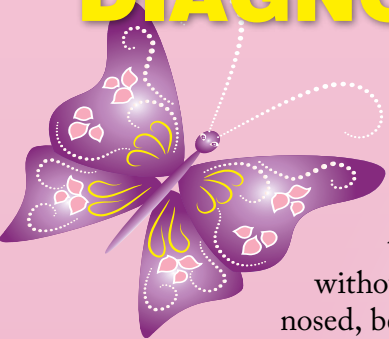
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many other diseases.*

**HELP ME
FIND A CURE**

Shelly Clanton
www.SHELLYSTORY.org



How is Sarcoidosis DIAGNOSED?



Sarcoidosis is a complex disease that can go years without being diagnosed, because it mimics other diseases.

Sarcoidosis is diagnosed through chest x-rays, scan and biopsy. Often other tests are required to check for other organ involvement.

When diagnosed with Sarcoidosis it is important to find a physician that specializes in Sarcoidosis.

You need to have a team of physicians that are willing to work together. You are the most important part of the team. Make sure that you have a physician that you can relate to and that is knowledgeable in Sarcoidosis.

There are limited funding available for research for Sarcoidosis. There needs to be more funding made available for research. This Brochure is for information purposes only. The information in these brochures was taken from different sites from the internet and from the knowledge what I have gained myself after being diagnosed with Sarcoidosis.

No one knows the reason Sarcoidosis affects individuals differently.



Who is Diagnosed?

Sarcoidosis can affect any age, race or gender. More people are diagnosed between the ages of twenty to forty. There are more African Americans diagnosed than any other race.

What are Sarcoidosis Symptoms?

Symptoms varies with the individuals diagnosed. Fevers, rash, joint pains, chest pain, night sweats, fatigue, shortness of breath, cough and inflamed lymph nodes.

Some people may never know that they have Sarcoidosis, they may never have symptoms. Symptoms in some will disappear within two years without treatment while others will have a life time of symptoms.

A lung transplants may be the solution to those that has severe lung damage. Sarcoidosis can be fatal.

Sarcoidosis becomes chronic systemic when more than one organ is involved.

Sarcoidosis TREATMENT

Some people will require little to no treatment, while others may require an aggressive form of treatment. Treatment is decided according to the severity of the disease.



Prednisone is one of the main drugs used for the treatment, immunosuppressant drugs such as immuran, inhalers and oxygen are just to name a few of the medications. People respond differently to the medication. No one knows the reason Sarcoidosis has been one of the "mystery diseases" of modern medicine. There is no cause or cure for Sarcoidosis.